

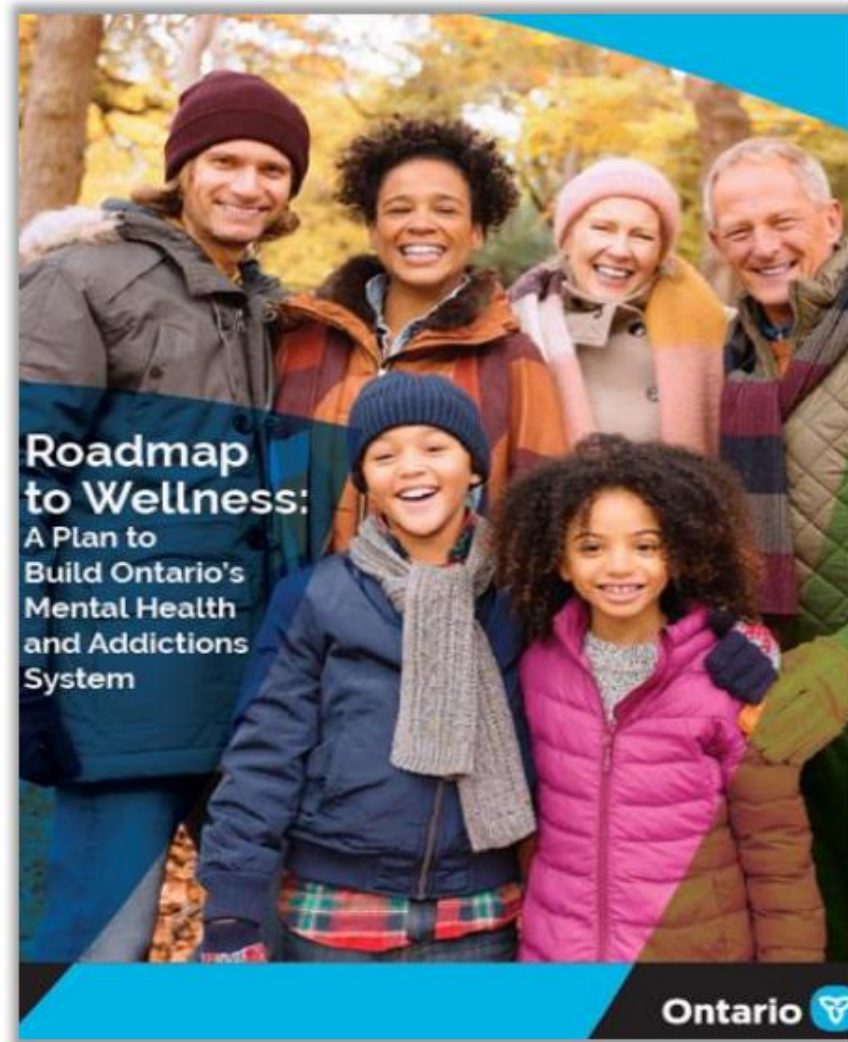


Hamilton

**CHILD & YOUTH MENTAL HEALTH
TRANSFORMATION
AND
CHILD & ADOLESCENT SERVICES
BUDGET 2023-2024**

September 8, 2023

Context: Roadmap to Wellness



Prevalence of Child & Youth Mental Health Problems

- Approximately 18% -22% of children and youth aged 4-17 years in Ontario meet criteria for a mental disorder. ⁽¹⁾
- Between 2017-2020, 12% of Hamiltonians aged 12-19 years reported that they had a mood or anxiety disorder.⁽²⁾
- Among students in grades 9-12 years in Hamilton in 2019, 13% reported seriously contemplating suicide in the past year. ⁽³⁾
- After accidents, suicide is the leading cause of death for people aged 15-24 years and in 2018, suicide was the leading cause of death for children aged 10-14 years. ⁽⁴⁾
- In 2018, over 30% of Hamilton children were vulnerable in at least one of the five key domains as assessed by the Early Development Index. ⁽⁵⁾
- Among children and youth with a parent-identified mental disorder, only 26% (4 to 11 years) and 34% (12 to 17 years) had contact with a mental health care provider.⁽¹⁾

References:

(1) Ontario Child Health Study Team, 2019; (2) Canadian Community Health Survey, 2020; (3) Ontario Student Drug Use and Health Survey, 2019; (4) Statistics Canada, 2020; (5) Ontario Ministry of Education, 2018

Need for Change

- Access to services
- Lack of integration between services
- Insufficient data
- Evidence-informed decision-making
- Evolving societal landscape
- Inequity of funding across the province



The 'traditional' service system



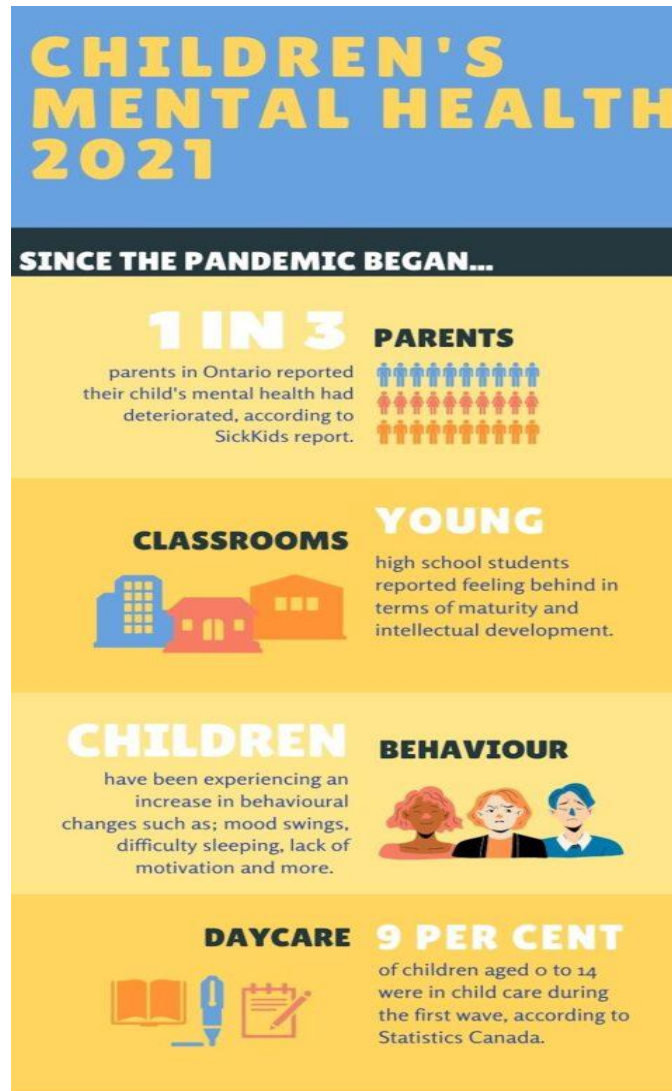
Aligning and integrating the service system

Hamilton's Child & Youth Mental Health Lead Agency Update



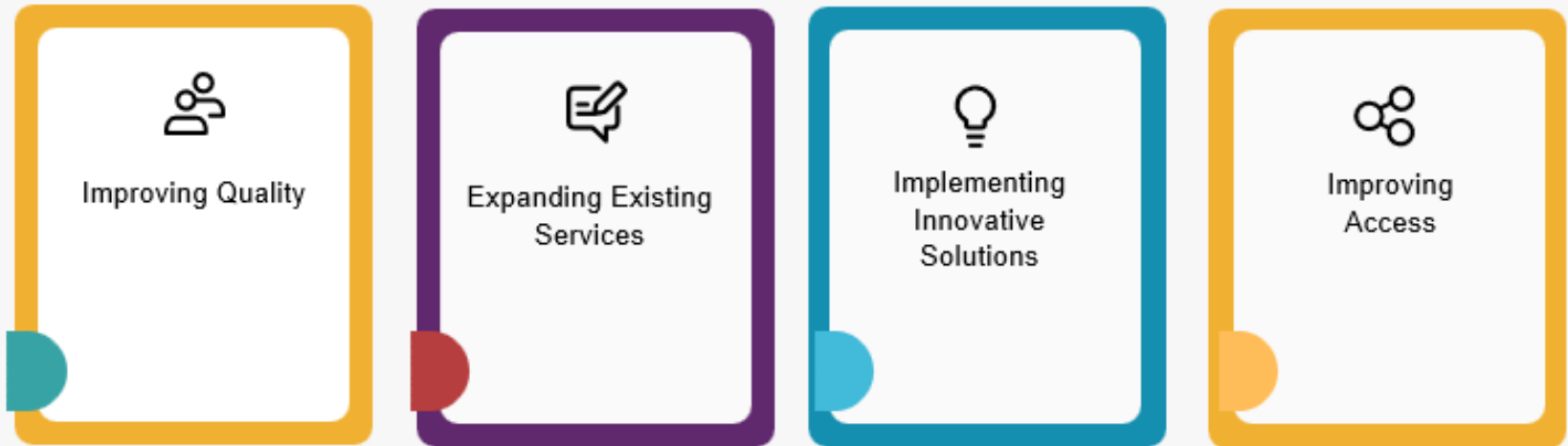
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Post Pandemic Child & Youth Mental Health



ROADMAP TO WELLNESS: A Plan to Build Ontario's Mental Health & Addictions System

The Policy Framework has four pillars:



The provision of core CYMH services is informed by evidence to support service quality. Evidence-informed practices combine the best available research with the experience and judgement of clinicians, children, youth and families to deliver measurable benefits.



*CYMH = Child & Youth Mental Health

ACCESS & REFERRAL TO SERVICES WITHIN HAMILTON

Lead Agency Mission:

“supporting children, youth and families to achieve
better mental health”



Entry Point

The first point of contact for professionals, children, youth and families



Triage and Assessment of Service Needs

Identify, confirm and categorize and prioritize out clients' needs



Resource Matching and Referral

The process of matching specific resources/services to the level of care



Service Delivery

Improved access to community mental health service providers and waitlist transparency



Core Service Providers



One Call, All Access for Child & Youth Mental Health

Putting Children and Families First in 2023-2024

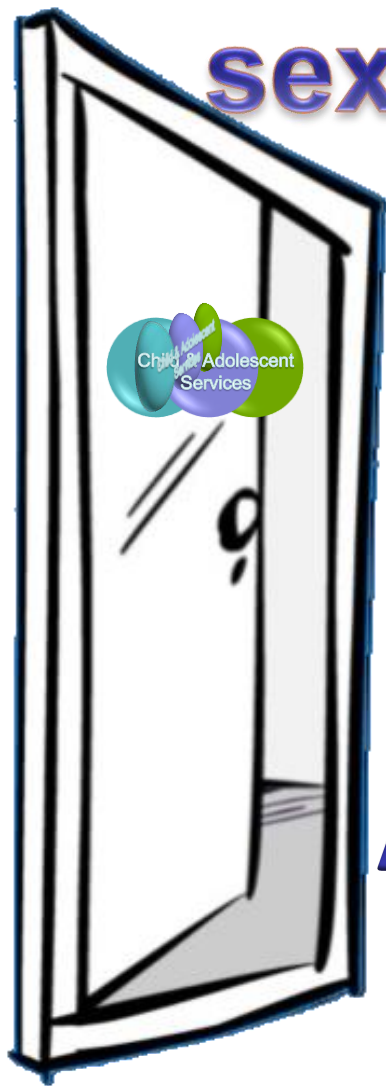
5% BASE FUNDING INCREASE FOR COMMUNITY-BASED CHILD AND YOUTH MENTAL HEALTH PROVIDERS

- Secure 5% in new funding for community child and youth mental health agencies in the [provincial budget](#). This funding will help begin to provide stability for child and youth mental health providers to minimize service disruptions and retain their qualified staff. As important as this new funding is, we know much work remains.
- We remain committed to raising the voices of children, youth, and families and to continue pushing for investments that improve quality, address inequities, and ensure timely access to care.

Our Sensational Services



**Child &
Adolescent
Services**



neglect
sexual abuse
poverty
What brings people
gender identity
abuse
Family separation
sexuality
depression
ADHD
fire-setting
suicidal thoughts
trauma
anxiety
violence
self-harm
family conflict
bullying
social isolation
school
sexualized behaviour

Our Services: Integrated Health and Social Care



#1

**Brief and Time
Limited Counselling
& Therapy**



#2

**Case Management and
Service Coordination**



#3

**Specialized
Assessment &
Consultation**

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What our Clients Say



What our Clients Say



What our Clients Say



MENTAL HEALTH IS AN
INTEGRAL PART OF HEALTH; INDEED



**there is no health
without mental health**

- WORLD HEALTH ORGANIZATION

- WORLD HEALTH ORGANIZATION

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QUESTIONS

