

**Seniors Advisory
Committee
September 8, 2023**

**Minutes 23-09
10:00pm –
12:00pm**

**YouTube Channel Streaming for Virtual Meetings All
electronic meetings can be viewed at: City's YouTube
Channel:**

<https://www.youtube.com/user/InsideCityofHamilton>

In Attendance:

Penelope Petrie (Chair), Maureen McKeating, Marian Toth, Marjorie Wahlman, David Broom, Alexander Huang, Peter Lesser, Ann Elliott, Kamal Jain, Noor Nizam

Also, in Attendance:

Lisa Maychak, Project Manager, Healthy & Safe Communities Department
Graeme Wallace, Program Secretary, Healthy & Safe Communities Department
Dr. Anthony Levinson, Professor, Psychiatry & Behavioural Neurosciences, McMaster University
Dr. Parminder Raina, Professor, Scientific Director, McMaster Institute for Research on Aging (MIRA)
Ine Wauben, Managing Director, McMaster Institute for Research on Aging (MIRA)
Allison Dube, Project Manager, McMaster Institute for Research on Aging (MIRA)

Absent with Regrets:

Sheryl Boblin, Carolann Fernandes, Barry Spinner, Aref Alshaikhahmed

1. CEREMONIAL ACTIVITIES

P. Petrie read the land acknowledgement.

2. APPROVAL OF AGENDA

(A. Huang/A. Elliott)

That the agenda for the September 8, 2023, meeting be approved, as presented.

CARRIED

3. DECLARATIONS OF INTEREST

There were no declarations of interest.

4. APPROVAL OF MINUTES OF PREVIOUS MEETING

(A. Huang/M. Wahlman)

That the Minutes of [date] be approved, as amended.

CARRIED

5. STAFF PRESENTATIONS (Item 9)

(i) McMaster University- Dr. Anthony Levinson, Ine Wauben and Allison Dube (Item 9.1)

Dr. Parminder Raina and Dr. Anthony Levinson facilitated presentations on the current work of the McMaster Institute for Research on Aging (MIRA), older adult mental health, and various informational and educational resources related to aging offered by McMaster University. A question-and-answer session followed the presentation.

(D. Broom/A.Huang)

That the Presentation from McMaster University- Dr. Anthony Levinson, Ine Wauben and Allison Dube, be received.

CARRIED

6. DISCUSSION ITEMS (Item 10)

(i) Accessibility Fair September 28, 2023 (Item 10.1)

(M. Wahlman/A. Huang)

That a member of the Seniors Advisory Committee attend the Accessibility Fair, hosted by the Advisory Committee for Persons with Disabilities, on September 28, 2023.

CARRIED

(ii) Results of Questionnaire from Seniors Kick-off Event (Item 10.2)

(M.Wahlman/A. Elliott)

That the Presentation respecting the Results of Questionnaire from Seniors Kickoff Event, be deferred to the next meeting.

CARRIED

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(P. Lesser/K. Jain)

That the following updates be received:

(iii) Extreme Heat Working Group (Item 10.3)

P. Lesser shared an update about the Extreme Heat Working Group. P. Lesser will take requests from the Seniors Advisory Committee to the Extreme Heat Working Group, for future meetings.

(iv) International Day of Older Persons

Staff provided details of the event taking place on October 6, 2023, from 10 am to 12 pm at City Hall (Council Chambers and second floor).

M. McKeating, A. Elliot, M. Wahlman, and D. Broom offered to volunteers.

CARRIED

7. ADJOURNMENT

(M. McKeating/P. Lesser)

That the Seniors Advisory Committee meeting be adjourned at 11:59am.

CARRIED

Next meeting October 6, 2023, 2-4 pm