



Hamilton

Seniors Advisory Committee

December 6, 2024

Minutes 24-012

10:00am – 12:00pm

City Hall

Room 192/193

1st floor

In Attendance:

Peter Lesser, Sheryl Boblin, Penelope Petrie, Marian Toth, Alexander Huang, Carolann Fernandes, Barry Spinner, David Broom, Aref Alshaihahmed, Maureen McKeating, Margorie Wahlman

Also in Attendance:

Lisa Maychak, Project Manager, Healthy & Safe Communities Department
Councillor Esther Pauls, City of Hamilton, Ward 7
Councillor Tom Jackson, City of Hamilton, Ward 6

Absent with Regrets:

Ann Elliot, Noor Nizam, Kamal Jain

1. CEREMONIAL ACTIVITIES (ITEM 1)

(i) Land Acknowledgement

A. Huang read the Land Acknowledgement. M. McKeating to read the Land Acknowledgement at the next meeting.

2. APPROVAL OF AGENDA (ITEM 2)

(i) December 6, 2024 (Item 2.1)

(M. Wahlman/ S. Boblin)

That the Seniors Advisory Committee approves the December 6, 2024 agenda, as presented.

CARRIED

3. APPROVAL OF MINUTES OF PREVIOUS MEETING (ITEM 4)

(i) November 1, 2024 (Item 4.1)

(M. Wahlman/ A. Huang)

Under "In Attendance," add Seniors Advisory Committee member M. McKeating.

That the Seniors Advisory Committee approves the November 1, 2024 minutes, as amended.

CARRIED

4. STAFF PRESENTATIONS (ITEM 9)

(i) Information and Services Provided by the Ontario College of Social Workers and Social Service Workers- Sue Botelho, Professional Practice Associate, Master of Social Work and Registered Social Worker

S. Botelho presented information and services provided by the Ontario College of Social Workers and Social Service Workers and emphasized the importance of professional Social Workers being registered with the College. Print materials were provided to Seniors Advisory Committee members. There was an opportunity for questions to be asked after the presentation.

(M. McKeating/A. Huang)

That the presentation respecting the Ontario College of Social Workers and Social Service Workers presented by S. Botelho, be received.

CARRIED

(ii) McMaster Institute for Research on Aging Intergenerational Study- Dr. Divya Joshi, Research Associate, Department of Health Research Methods, Evidence and Impact, McMaster University

Dr. Joshi presented a current project titled the McMaster Institute for Research on Aging Intergenerational study (MIRA-iGeN). The study involves recruiting adults and their parents and children, or adults without

children, to help understand how to improve the well-being of individuals across the life course. There was an opportunity for questions to be asked after the presentation. For more information and/or to participate in the study, contact Meghan Kenny, Research Coordinator at mkenny@mcmaster.ca.

(M. McKeating/A. Huang)

That the presentation respecting the McMaster Institute for Research on Aging Intergenerational study presented by Dr. Divya Joshi, be received.

CARRIED

5. DISCUSSION ITEMS (ITEM 10)

(P. Lesser/ A. Alshaikhahmed)

That the following discussion items be received:

(i) Working Groups (Item 10.1)

(a) Housing Working Group (Item 10.1(a))

M. Toth indicated that this working group will be meeting on December 12, 2024, and that they will be asking for assistance from the Seniors Advisory Committee's Communications Working Group to assist with disseminating the new guide, "Housing Options for Older Adults in Hamilton." M. Toth also indicated that a promotional postcard with QR code will be created to easily access the new housing guide.

M. Toth also indicated that she wrote a letter to the University of Waterloo, Future Cities Initiative asking for key points about this initiative and how Hamilton could get involved.

(b) Communications Working Group (Item 10.1(b))

A. Huang indicated that the Opinion-Editorial (Op-Ed) for the Hamilton Spectator regarding results from the Communication Survey was approved by Council, therefore has been sent to the Hamilton Spectator to publish.

A. Huang also indicated that the Communications Toolkit designed for community organizations and City staff who communicate with older adults has been completed, and he shared the toolkit with Seniors Advisory Committee members.

(c) Getting Around Working Group (Item 10.1(c))

S. Boblin indicated that the Getting Around Working Group indicated that this group will be developing a document that includes a list of City

of Hamilton contact information for anyone to refer to when there is an issue regarding pedestrian safety. For example, sidewalks requiring snow removal or to request an accessible pedestrian signal.

CARRIED

(ii) Working Committees (Item 10.2)

(a) International Day of Older Persons (Item 10.2(a))

There are no updates about this event.

(b) Seniors Kick-off Event (Item 10.2(b))

There are no updates about this event.

(c) Senior of the Year Awards (Item 10.2(c))

There are no updates about this event.

(d) Ontario Health Coalition (Item 10.2(d))

C. Fernandes and A. Huang to continue to send correspondence through L. Maychak.

(e) Age-Friendly (Item 10.2(e))

L. Maychak indicated that at the next Age-Friendly Collaborative Committee meeting scheduled for December 10, 2024, the committee will be honouring Dr. Margaret Denton for bringing the Age-Friendly initiative to Hamilton close to 15 years ago. L. Maychak stated that the 2024 Age-Friendly Community Progress survey will not be launched in December 2024, but rather in February 2025.

(f) Extreme Heat Committee (Item 10.2(f))

There are no updates for this committee.

CARRIED

6. MOTION (ITEM 11)

(i) Communications Toolkit

(M. Wahlman/ D. Broom)

That the Communications Toolkit for community organizations and City staff who communicate with older adults, be approved.

CARRIED
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7. GENERAL INFORMATION/ OTHER BUSINESS (ITEM 13)

(i) 2025 Budget Submission

(D. Broom/ M. Wahlman)

That the Seniors Advisory Committee approves an increase of \$3,000 to their annual budget, which is included in their 2025 Budget Submission.

CARRIED

8. ADJOURNMENT (ITEM 15)

(S. Boblin/ M. Wahlman)

That the Seniors Advisory Committee be adjourned at 12:16 pm.

CARRIED