



Hamilton

2025 ANNUAL SERVICE PLAN & BUDGET AND PUBLIC HEALTH PRIORITIES

Public Health Sub-Committee Meeting

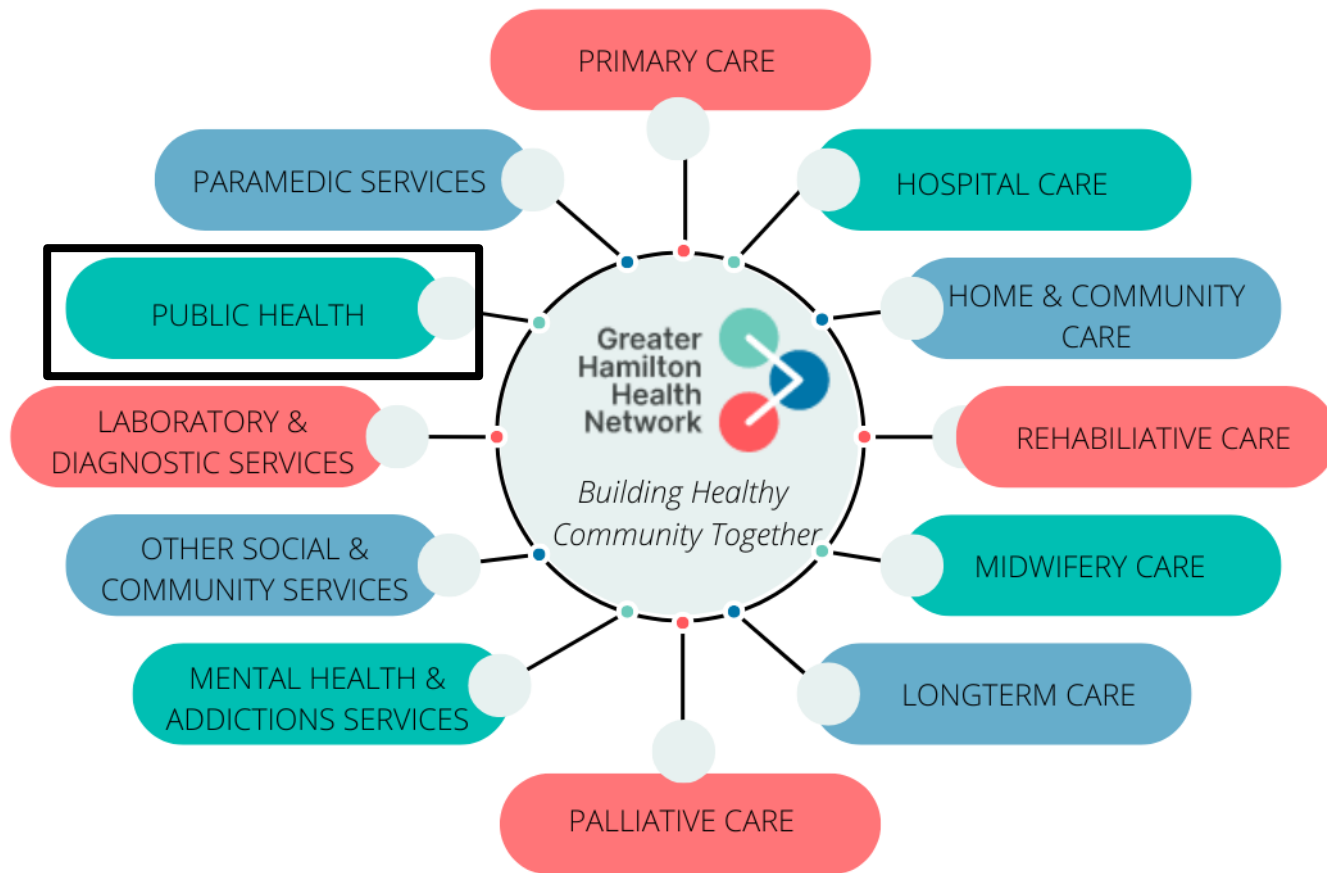
February 24, 2025

Presentation Overview

This presentation provides an overview of the **2025 Annual Service Plan & Budget** submission to the Ministry of Health, including:

- Public Health Services' **renewed priorities** and **action areas** to address population health needs identified from local health status information
- **Budgeted expenditures** for delivering Ministry-funded programs in accordance with the Ontario Public Health Standards

The Public Health Care System



Source: Greater Hamilton Health Network

Overview of the Annual Service Plan & Budget

- Contains detailed **program plans** and **budgeted expenditures** for Ministry-funded programs to meet the **Ontario Public Health Standards**

Program Standards

- Chronic Disease Prevention and Well-Being
- Food Safety
- Healthy Environments
- Healthy Growth & Development
- Immunization
- Infectious and Communicable Diseases Prevention and Control
- Safe Water
- School Health
- Substance Use & Injury Prevention

Foundational Standards

Population Health Assessment

Health Equity

Effective Public Health Practice

Emergency Management

- **Financial planning** components follow the City's budget process
 - Addressed in the Healthy and Safe Communities Department report and budget
- **Programmatic planning components** are shared to the Public Health Sub-Committee

2025 Annual Service Plan & Budget: Planning Principles

To develop the 2025 Annual Service Plan & Budget, we focused on:

Balancing **local population health needs, core public health functions and mandates, Council priorities, and Provincial direction**

Strategically allocating resources to **minimize impacts on service levels and staff**

Strengthening **program efficiency**

Preserving **essential services** and improving **population health outcomes** for **priority populations**

Our Priorities



- For 2025 to 2028, the following four priorities have been identified:



Equity-Driven Public Health and Upholding Indigenous Rights



Substance Use



Child and Youth Healthy Growth and Development



Climate-Related Environmental Health Risks

- To address Public Health Services' multi-year priorities, specific action areas are implemented to adapt and improve existing programs and services
 - Incorporated into the Annual Service Plan & Budget

EQUITY-DRIVEN PUBLIC HEALTH AND UPHOLDING INDIGENOUS RIGHTS



Equity-Driven Public Health and Upholding Indigenous Rights



Health Status Highlights

- **Inequities persist** in our community as a major contributor to poor health.
- Health inequities were observed for almost all health indicators. Some of the **greatest inequities** were found for **substance use, self-harm, assault, and diabetes**.
 - As an example, Hamiltonians living in areas with the lowest household incomes were nearly three-times more likely to die from diabetes, nearly five-times more likely to self-harm, and nearly six-times more likely to be assaulted.
- **Income and housing needs** were strongly associated with the inequities observed for these health outcomes.
- Through a survey completed for Public Health Services' Indigenous Health Strategy, local Indigenous peoples indicated a need for **traditional healing and wellness** as identified by 67% of respondents, followed by **access to housing** (62%) and **access to primary healthcare** (38%).

Premature deaths (per 100,000) in low- and high-income areas, Hamilton (2012 vs 2021)



Source: Hamilton's Community Health Status Report (2024), City of Hamilton.

Equity-Driven Public Health and Upholding Indigenous Rights



Priority Goal: To address health inequities in the community, we:

- Embed principles of health equity, anti-racism, and anti-Indigenous racism into our daily work
- Engage with priority populations to ensure our programs and services are barrier-free, culturally safe, and can be accessed by those who need it the most
- Work in allyship with Indigenous communities to uphold their inherent rights and recognize their wholistic view of health, which includes the mind, body, spirit, and a deep connection to the land

Priority Action Areas for Public Health:

Embed Learning
into Public Health
Practice

Data for Equity

Community
Engagement

SUBSTANCE USE



Substance Use



Health Status Highlights

- Over **1,000 local deaths** attributed to three substances annually (**alcohol, tobacco and opioids**).
- **Tobacco** use is declining but over **75,000** Hamilton adults are still current smokers. Meanwhile, **8%** of youth are daily vapers, of which **81%** use vapes with nicotine.
- **Alcohol** is the most commonly used substance; **49%** of Hamilton adults exceeded the low risk drinking guidelines in 2019 to 2020.
- **Opioids** have emerged as a top cause of premature deaths. Since reaching a high of 167 opioid deaths in 2022, there have been deceases in 2023 and 2024.
- **Cannabis** is one of the most common substances used by youth and the local rate of emergency department visits for cannabis-related harms has **doubled** between 2012 to 2021.

Over 1,000 deaths are attributed to three substances each year in Hamilton

783

deaths related to tobacco

208

deaths related to alcohol

149

deaths related to opioids

Source: Hamilton's Community Health Status Report (2024), City of Hamilton.

Substance Use



Priority Goal: Prevent and reduce the burden and harms associated with substance use

Priority Action Areas for Public Health:

Trauma- and
Violence-Informed
Care

Municipal Policies
on Substance Use

Strategies to Reduce
Harms Associated
with Substance Use

Substance Use
Prevention

Systems
Coordination

CHILD AND YOUTH HEALTHY GROWTH AND DEVELOPMENT



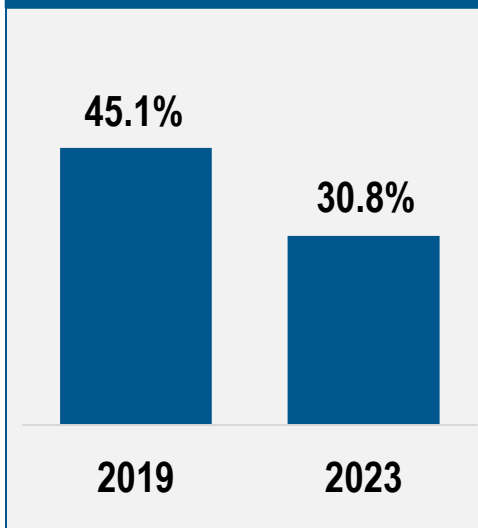
Child and Youth Healthy Growth and Development



Health Status Highlights

- The rate of babies born with **low birth weights** increased since 2018 and the rate of **exclusive breastfeeding declined**.
- **31.2%** of kindergarten students were **vulnerable** in one or more domains of early development in 2023; there was increasing vulnerability in the physical health and well-being domain of development.
- **Over 40%** of students in grades 4-8 had **low well-being** in 2022; well-being **worsened** between 2018 and 2022 for these students.
- **30.8%** of students in grades 9-12 reported **very good or excellent mental and emotional health** in 2023 which is a **decline** from 2019 (45.1%).
- **1 in 8** students (grades 9-12) report seriously contemplating **suicide** and hospital visits for **self-harm** have **increased**, mostly for girls (age 10-18).
- Students with **up-to-date vaccine records** continues to be **lower** than pre-pandemic.

Hamilton high school students who report very good or excellent mental/emotional health



Source: Ontario Student Drug Use and Health Survey (2019 & 2023), Centre for Addiction and Mental Health.

Child and Youth Healthy Growth and Development



Priority Goal: Achieve optimal child and youth growth and development

Priority Action Areas for Public Health:

Reducing the
Impact of Adverse
Childhood Events

School-Aged Child
and Youth Mental
Health

Oral Health

Routine Childhood
Immunizations

Coordinated
Access

CLIMATE-RELATED ENVIRONMENTAL HEALTH RISKS



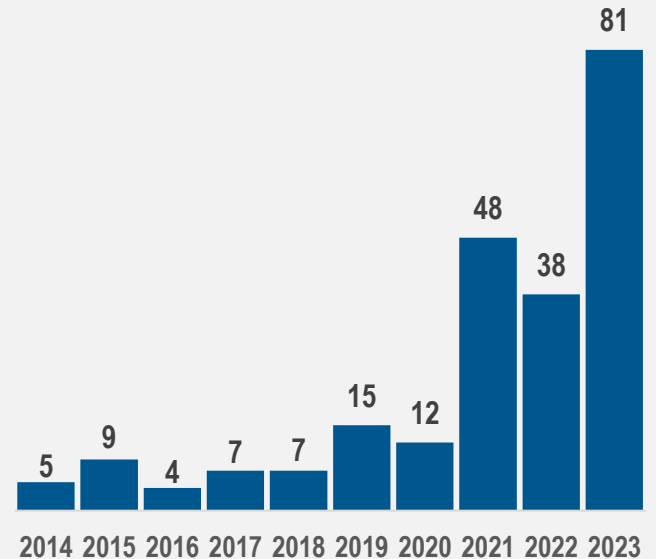
Climate-Related Environmental Health Risks



Health Status Highlights

- **Hamilton's temperature will increase.** The annual average temperature is projected to increase from 8.3°C to 10.4°C in 2050 and 12.5°C in 2080.
- Estimated **1,291** heat-related and **787** cold-related emergency department visits for Hamiltonians from 2012 to 2021.
- Climate change affects ecosystems and the spread of infectious diseases, such as tick-borne **Lyme disease** which **increased** substantially in Hamilton over the past decade.
- Air quality showed improvement, but further improvements needed to lower the risk to population health. Health Canada estimates that **378 premature deaths** in 2016 may be attributed to air pollution in Hamilton.

Cases of Lyme disease among Hamilton residents (2014-2023)



Source: Hamilton's Community Health Status Report (2024), City of Hamilton.

Climate-Related Environmental Health Risks



Priority Goal: Promote healthy built and natural environments that support health and mitigate existing and emerging risks, including the impacts of a changing climate, and to enable consistent and effective management of emergency situations

Priority Action Areas for Public Health:

Vector-Borne
Diseases

Extreme Heat and
Health

Air Quality

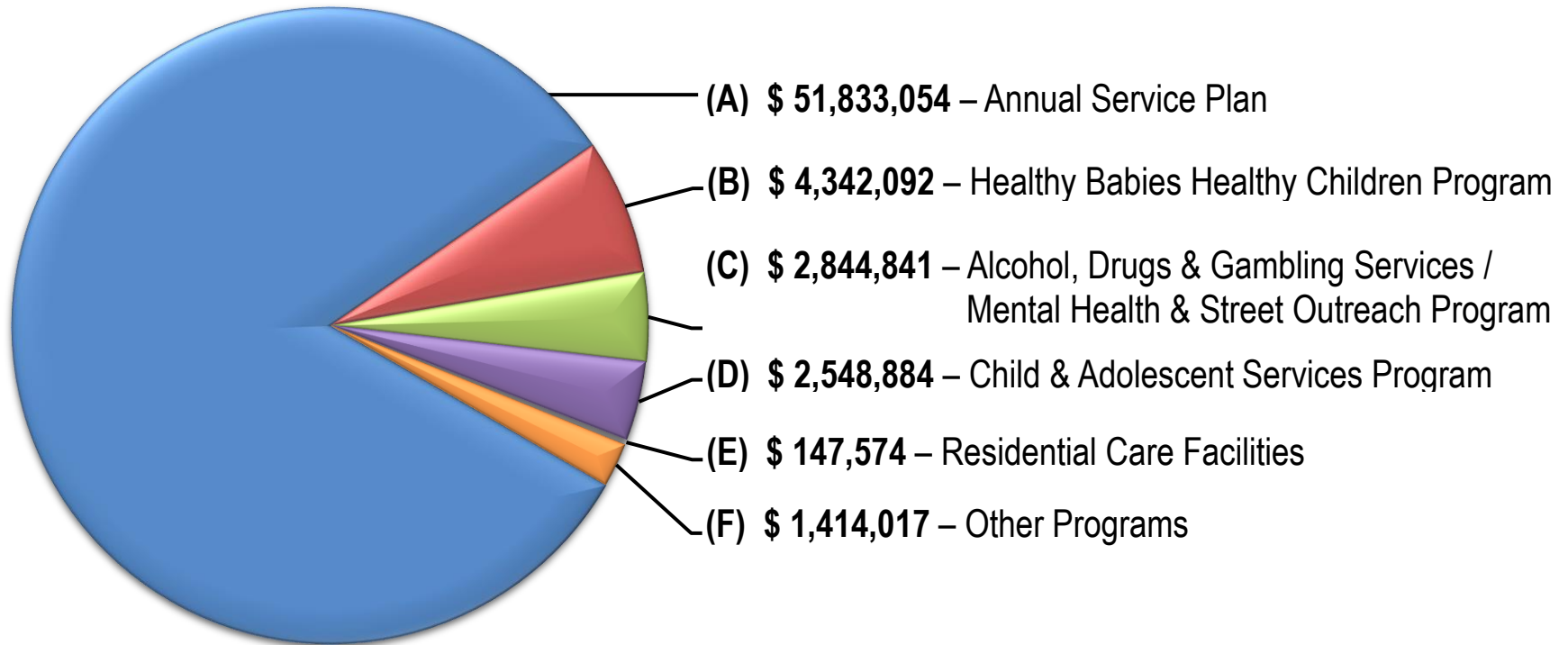
Emergency
Management

BUDGET



Public Health Services' 2025 Gross Budget by Program

Total: \$63,130,470

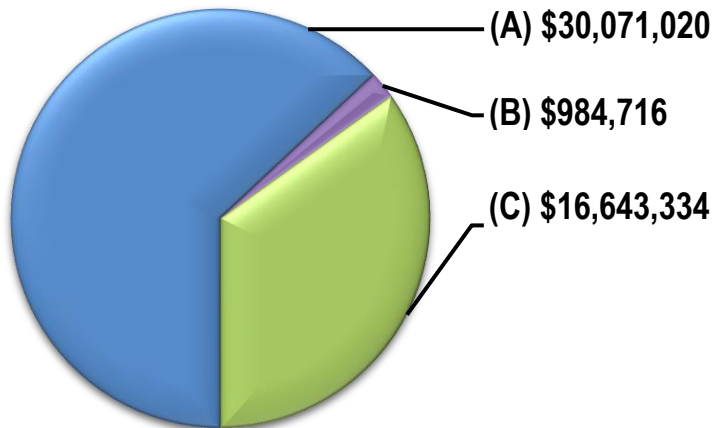


*Anomalies due to rounding

2025 Annual Service Plan Funding Sources

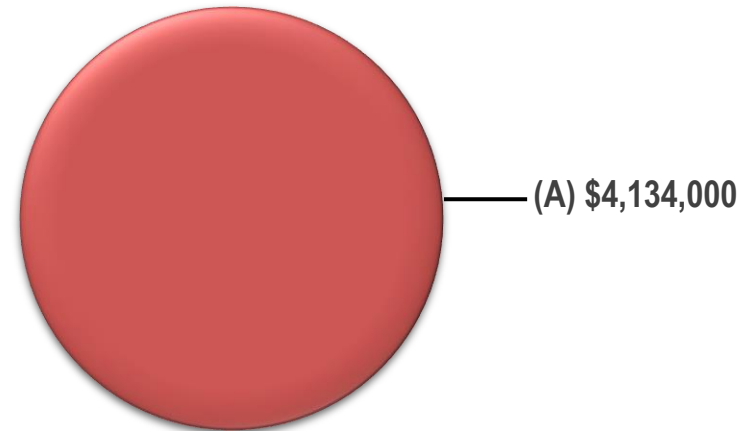
Total: \$51,833,070

2025 Annual Service Plan
Total \$ 47,699,070 (92%)



- (A) Provincial Funding
- (B) Fees & General
- (C) City Levy

2025 Ontario Seniors Dental Care Program
Total \$ 4,134,000 (8%)

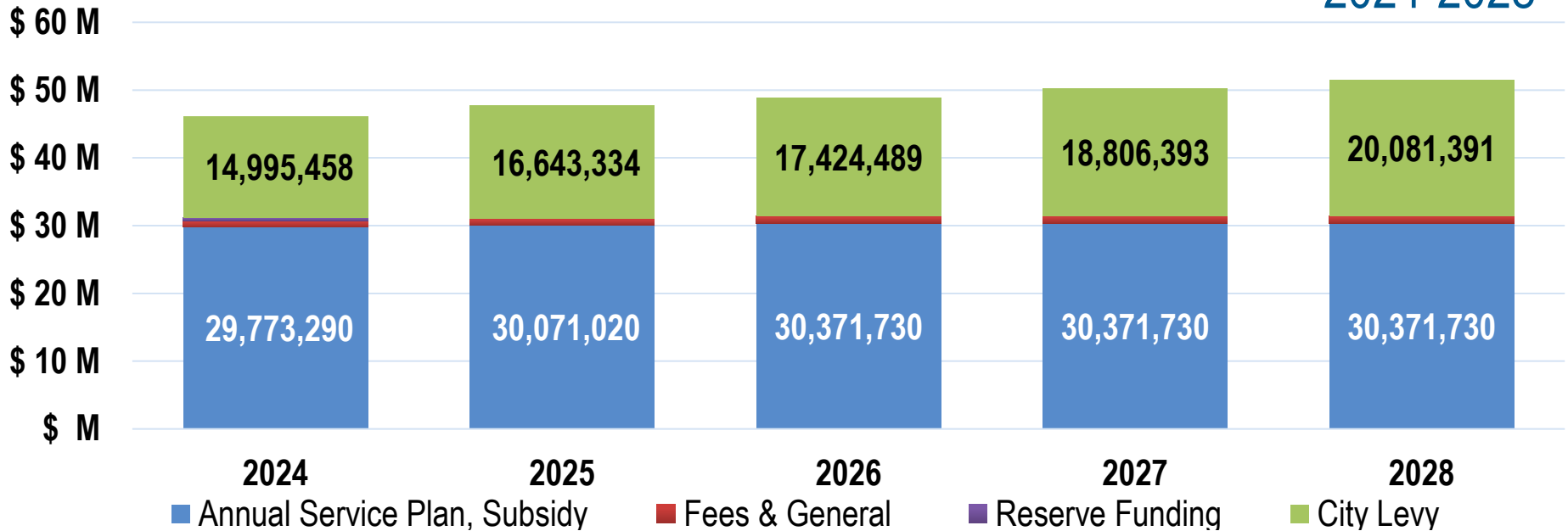


- (A) Provincial Funding

*Anomalies due to rounding

2025 Annual Service Plan Funding Sources

2024-2028



	2024	2025	2026	2027	2028
Annual Service Plan, Provincial Subsidy †	\$29,773,290	\$30,071,020	\$30,371,730	\$30,371,730	\$30,371,730
Fees & General	\$958,250	\$984,716	\$1,020,166	\$1,056,892	\$1,078,030
Reserve Funding	\$451,744	-	-	-	-
City Levy	\$14,995,458	\$16,643,334	\$17,424,489	\$18,806,393	\$20,081,391
Total	\$46,178,742	\$47,699,070	\$48,816,385	\$50,235,015	\$51,531,151
Funding Ratio (City / Province) ‡	33.2%	35.6%	36.5%	38.2%	39.8%

† Excludes the Ontario Seniors Dental Care Program

‡ After Fees & General

*Anomalies due to rounding

Orientation: Next Steps

Session 1

December 2, 2024

- Overview of Public Health Sub-Committee orientation
- Good governance education session (Karima Kanani)
- Public health in Hamilton – Part 1:
 - History & fundamentals
 - 2024 priorities



Session 2

January 13, 2025

- Overview of public health in Ontario (Loretta Ryan & Monika Turner)
- Public health in Hamilton – Part 2: Programs & Services



Session 3

February 24, 2025

- 2025 Annual Service Plan & Budget
 - Community health status
 - Renewed priorities and action plans
 - Financial information



Session 4

May 20, 2025

- Integrating equity, diversity, and inclusion into decision-making processes (Evelyn Myrie)

Notes:

- In addition, the Clerk's Office will arrange an education session with the Integrity Commissioner regarding conflicts of interest
- Following these orientation sessions, relevant ongoing education will be provided as reports are brought forward

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Hamilton

QUESTIONS?