



# Hamilton

## **Seniors Advisory Committee**

**March 6, 2026**

**Minutes SAC 26-003**

**10:00am – 12:00pm**

**WebEx**

### **In Attendance:**

Penelope Petrie (Chair), Aref Alshaikhahmed, David Broom, Carolann Fernandes, Alexander Huang, Kamal Jain, Peter Lesser, Barry Spinner, Marian Toth, and Marjorie Wahlman

### **Also in Attendance:**

Brian Bettencourt, Manager Long Term Care & Seniors  
Jacqueline Durlov, Senior Project Manager Age Friendly City  
Carol Faulkner, Program Secretary

### **Absent with Regrets:**

Councilors Tom Jackson and Esther Pauls – Personal  
Maureen McKeating and Sheryl Boblin

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## **1. CALL TO ORDER**

Chair P. Petrie called the meeting to order at 10:01 a.m.

## **2. CEREMONIAL ACTIVITIES**

### **(i) Land Acknowledgement**

K. Jain read the Land Acknowledgement.

**3. APPROVAL OF AGENDA**

**(Huang/Wahlman)**

That the March 6, 2026, agenda, be approved, as presented.

**CARRIED**

**4. DECLARATIONS OF INTEREST**

There were no Declarations of Interest.

**5. APPROVAL OF MINUTES OF PREVIOUS MEETING**

**(Broom/Jain)**

That the Minutes of the February 6, 2026, meeting, be adopted, as presented.

**CARRIED**

**6. DELEGATIONS**

There were no Delegations.

**7. ITEMS FOR INFORMATION**

**7.1(a) Climate Action Update**

Trevor Imhoff, Senior Project Manager, Climate Change Initiatives and Beatrice Ekwa Ekoko, Project Manager, Climate Change Initiatives addressed Committee respecting the City's Climate Change Action Strategy, with the aid of a presentation.

**(Alshaikhahmed/Wahlman)**

That the presentation from Trevor Imhoff, Senior Project Manager, Climate Change and Beatrice Ekwa Ekoko, Project Manager, Climate Change Initiatives respecting the Climate Change Action Strategy, be received.

**CARRIED**

**7.2 Working Group Updates**

**7.2(a) Housing Working Group**

M. Toth noted that housing workshops hosted in conjunction with Hamilton Council on Aging will be held at the Ancaster Senior Achievement Centre starting on March 20, 2026..

**7.2(b) Communications Working Group**

A. Huang informed Committee that the Communications Working Group is working on updates for the Red Book and 211, with the aid of a presentation.

### **7.2(c) Getting Around Working Group**

P. Lesser noted that the Getting Around Working Group's activities are closely related to the Age Friendly Plan. As there are only three members, the Working Group is looking for new members.

## **7.3 Working Committee Updates**

### **7.3(a) International Day of Older Persons**

There was no update.

### **7.3(b) Seniors Kick-off Event**

J. Durlov advised that planning has commenced. The Michelangelo Events & Conference Centre has been secured for June 11, 2026. The event will include 70 exhibitors. There are only eight exhibitor tables left. Requests for presentations have been received and development of the presentations is currently in progress. Promotion of the event should be out in April. The volunteer schedule sign up will be available April-May 2026.

### **7.3(c) Senior of the Year Awards**

J. Durlov stated that the Senior of the Year Awards has secured the Michelangelo Events & Conference Centre for October 15, 2026. The call for nominees will be released in April. Some sponsors have been secured and opportunities for more are available.

### **7.3(d) Ontario Health Coalition**

A. Huang stated the Ontario Health Coalition met February 5, 2026, and will have a table at the Senior's Kick-off event.

### **7.3(e) Age-Friendly**

P. Petrie stated the meeting took place on March 4, 2026. The 2027-2031 Age-Friendly Hamilton Plan timeline has been set, and community consultation will begin in April 2026.

### **7.3(f) Extreme Heat Committee**

The Extreme Heat Committee will not be meeting until March or April 2026.

**7.3(g) Elder Abuse Prevention Network**

A. Alshaikhahmed shared that the Elder Abuse Prevention Network has been working on notes on training initiatives for elder abuse prevention throughout the networks.

**7.3(h) Seniors at Risk Community Collaborative**

D. Broom indicated that the Seniors at Risk Community Collaborative is working on a SWOT analysis to set a clear path on how they will move forward.

**(Alshaikhahmed/Wahlman)**

That the following Items for Information be received:

7.2 Working Group Updates

- 7.2(a) Housing Working Group
- 7.2(b) Communications Working Group
- 7.2(c) Getting Around Working Group

7.3 Working Committee Updates

- 7.3(a) Internation Day of Older Persons
- 7.3(b) Seniors Kick-off Event
- 7.3(c) Senior of the Year Awards
- 7.3(d) Ontario Health Coalition
- 7.3(e) Age-Friendly
- 7.3(f) Extreme Heat Committee
- 7.3(g) Elder Abuse Prevention Network
- 7.3(h) Seniors at Risk Community Collaborative

**CARRIED**

**8. ITEMS FOR CONSIDERATION**

There were no Items for Consideration.

**9. MOTIONS**

There were no Motions.

**10. NOTICES OF MOTION**

There were no Notices of Motion.

**11. GENERAL INFORMATION / OTHER BUSINESS**

There were no items of General Information / Other Business.

**12. ADJOURNMENT**

There being no further business, the Seniors Advisory Committee, adjourned at 11:48 a.m.