

Demographic Profile of Seniors and People with Disabilities in Hamilton

According to the 2021 Census, the City of Hamilton is home to **104,290 seniors aged 65 and older**. This group represents approximately 18.3% of the City's total population. The number of older adults, defined as those aged 55 and over, has surpassed 167,000, highlighting a rapidly growing demographic in the region.

Key Demographic Data for Hamilton Seniors (65+)

- **Total Seniors (65+):** 104,290
- **Percentage of Population:** 18.3%
- **Older Adults (55+):** Approximately 167,170
- **Future Growth:** The senior population is expected to double over the next two decades.
- **Gender Split:** Women make up a higher percentage of the older population, with this trend being most pronounced among those aged 85 and older.

To address the evolving needs of this demographic, the City of Hamilton has implemented an Age-Friendly Hamilton plan.

Disability in Hamilton

In 2022, **approximately 155,850 people** aged 15 and over were identified as living with disabilities in the Hamilton area. This represents a significant proportion of the population facing a range of challenges, including developmental, physical, and sensory disabilities. Many of these individuals rely on specialized community support services.

Key Details Regarding Disability in Hamilton

- **Total Population (15+):** The study covered a total population of 575,750.

Improved Snow Clearing to Assist Seniors and Persons with Disabilities Motion

- **Percentage with Disabilities:** Approximately 27% of those surveyed in the region identified as having a disability.
- **Context:** These figures are based on Statistics Canada data and refer specifically to residents aged 15 and over.
- **Support Services:** Organizations such as Community Living Hamilton provide support to about 1,400 individuals with developmental disabilities.

Note: The data provided refers specifically to the Census Metropolitan Area (CMA) or defined survey area for 2022.

Mobility and Disability: Further Insights

Estimates from 2022 suggest there are between **190,150 and 225,450 people aged 15 and over with disabilities** living in Hamilton. While specific data for mobility disabilities within the City is not isolated, it is noted that mobility challenges are among the most common in Ontario—affecting 41.7% of those with disabilities.

- **Total Disability Population (Hamilton):** Statistics Canada data from 2022 indicates that 225,450 people aged 15+ in Hamilton reported having a disability, with another data set citing 190,150.
- **Context on Mobility Disabilities (Ontario):** According to the 2022 survey for Ontario, the most common types of disabilities are pain-related (61.9%), flexibility (42.8%), and mobility (41.7%).
- **Prevalence:** Hamilton is recognized as having a high disability rate, sometimes noted as the highest among the Greater Toronto and Hamilton Area (GTHA).
- **Age Factor:** Mobility disabilities are most prevalent among seniors, with 63% of seniors with disabilities reporting mobility challenges.

In summary, a substantial portion of the 190,000+ people with disabilities in Hamilton experience mobility-related issues, underscoring the importance of accessible support and resources for this segment of the population.