
From: Taylor, Sheree L.
Sent: July 27, 2011 1:54 PM
To: Riley, Susan
Subject: FW: Fluoride Removal in City Water
Attachments: fluoride - b.docx; Fluoride will be removed.docx; FLUORIDE.docx

From: Cheryl St. James
Sent: July 27, 2011 1:53 PM
To: clerk@hamilton.ca
Subject: Fluoride Removal in City Water

To the City Clerk:
27, 2011

RE: FLUORIDE IN HAMILTON CITY WATER.

The purpose of this letter is to request that the use of Fluoride by the City of Hamilton be placed back on the Agenda.

I would also ask that each councilor receive a copy of this letter as well as the Mayor. Included are attachments from the City of Calgary, which as of 2011 has abolished fluoride from their city water.

There are three questions that I would like to pose to the councilors while reviewing the documentation from the City of Calgary:

1. What authority allows city councilors to mass medicate the city of Hamilton by the use of Fluoride in the tap water?
2. How is the consumption of Fluoride measured for each individual citizen?
3. Both Public health and the Hamilton Dental association deem fluoride medicinal, without consideration of a citizen's height, weight, and health conditions, when administering fluoride to the citizens of Hamilton.

Please find letters regarding fluoride removal from Calgary's water supply attached to this email.

In conclusion, we request that Fluoride be abolished from Hamilton's Water. Please place this on the Agenda.

I look forward to a confirmation date so that the citizens of Hamilton can prepare.

Thanking you for your time and consideration,

Cheryl St.James

Dear Councillor:

In 1976 my doctor put me on Adeflor M, a vitamin supplement plus fluoride, starting at my first prenatal visit. My son was born on Jan 14, 1977. He has been severely autistic and epileptic his whole life. His teeth are no better than those of my other three, highly intelligent children.

Fluoride, (among other things like EMF's), can damage the developing pineal gland in the brain and from what I've read, I'm convinced that autism is the result of a malfunctioning pineal gland.

Instead of continuing to follow the other lemmings over this dangerous cliff into fluoridated water, please consider promoting some honest scientific research instead. Fluoride is not even good for teeth. It was the cause of my own fluorosis, Texas brown stain, which is on the rise everywhere because our intake of fluoride is on the rise everywhere. My own personal experience tells me it was also the cause of my former dental sensitivity. Fluoride free toothpaste has alleviated this more than Sensodyne ever did.

Please stop putting this potent poison into our global environment and food chain via your water supply.

Subject: FLUORIDE FREE DRINKING WATER!!

Comments: City Council Members,

I was appalled to learn yesterday that the City of Calgary still fluoridates its water system.
<http://www.cbc.ca/canada/calgary/story/2009/04/07/cgy-fluoride-city-council-water.html>

I am ashamed to be a citizen of Calgary right now.

I thought this was old practice, almost like promoting cigarettes.

I have always used tap water in Calgary with a feeling of ease and trust. Now I do not feel safe showering, drinking, rinsing my mouth (I use non fluoridated toothpaste), bathing my kids or even boiling tap water to make pasta (boiling concentrates fluoride).

Please refer to the MSDS sheet of Sodium Fluoride (A "popular" additive used to fluoridate water systems). <http://www.jtbaker.com/msds/englishhtml/s3722.htm>

There are an incredible amount of documented studies in the website below and I cannot believe the City Council has overlooked this.

<http://www.fluoridealert.org/f-sources.htm>
<http://www.fluoridealert.org/health/index.html>

If this subject is not publicly addressed, I expect major political consequences and I will not

stop until fluoridation stops.

I applaud Alderman Farell for putting the motion forward last year and I will be contacting each Alderman directly to plead for the public's health and safety. Fluoridation of our Water Supply must stop IMMEDIATELY!

There are some areas in British Columbia who have not fluoridated their water since 1992! How is this still going on in one of the busiest cities in Canada?!?!

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it." - Albert Einstein

Dear Calgary Aldermen, Wards 1 - 14:

I am AGAINST FLUORIDE IN OUR WATER. My father, brother, husband and myself all have thyroid disorders and we all are on thyroid medications. We are all lifelong Calgarians having drunk Calgary water for 46 to 89 years. We are but four of thousands of Calgarians with thyroid disorders. Almost all of my friends and relatives in Calgary are on thyroid medication. There are countless valid studies linking the ingestion of fluoride and the potential to impair thyroid function. I am forced to buy distilled fluoride-free drinking water because of health issues, and I am angry that we are being medicated (and for some of us poisoned) without our permission. We would appreciate your efforts to have it removed from our drinking supply. **Let fluoride supplementation be a personal choice rather than forced down our throats!**

When it is removed from our drinking water, can the city not provide it for free to individuals (parents or low income individuals or otherwise) who choose to ingest it? Would that not be a more economical alternative for the city? Having the choice, shouldn't that be every Calgarian's right?

We ask you to please VOTE AGAINST fluoride in our drinking water.

To: City Council

Re: Removal of Fluoride in Calgary's Water

You are "literally" forcing fluoride down everyone's throat in Calgary.

Remove it and provide it for those who want it, on the side. Besides, it's in most toothpastes and you get it at the dentist. How much more are you going to force it on us??

Keeping it in the water is an old school concept. Wake up!! Times have changed and that includes more illnesses and diseases caused by things we've always believed were good for us. With so many people protesting fluoride, there is major reasons for that! We're supposed to have one of the best drinking waters but we don't because of the additives that are creating more ailments in people.

By removing the fluoride you would also be helping the environment with people using LESS water bottles. Bottled water is more expensive than gasoline. Take a look at other countries around the world who don't use fluoride and learn from them. They understand the harm in it!

This has to change! Stop forcing it down everyone's throat, including those who don't want it!

Alberta Environment has rejected the effort of four doctors who want Calgary to keep fluoridating its drinking water.

The decision clears the way for the city administration to follow **council's** wish and cease adding fluoride to the water supply by early May.

After unsuccessfully trying to persuade **aldermen** that fluoridation was a proven cavity fighter, Alberta Health Services, two dentists and a University of Calgary family medicine professor each urged Alberta Environment to consider the public health consequences to individuals of ending fluoridation.

The department effectively chose not to rule on a health issue or second-guess the wisdom of city **council's** 10-3 vote, deciding that none of the objectors was "directly affected" by removing the chemical.

"After reviewing the statements of concern, we found that none demonstrated a specific relationship to the proposed changes," said Alberta Environment spokeswoman Carrie Sancartier.

Dr. James Dickinson, with the U of C faculty of medicine, said he understands why the department determined its authority didn't extend to the public health concerns.

But Dickinson said he still doesn't understand why **council** didn't accept all the expert evidence it was offered that shows that fluoridation works and isn't harmful.

"The big issue is **council** has been fooled by unscientific charlatans" on the antifuoridation side, Dickinson charged.

Aldermen voted to end 20 years of fluoride-treated water in February, after a public hearing that featured several medical professionals and AHS officials on the pro-fluoride side, and mainly non-expert citizens touting research and ethical concerns on the other side.

Council rejected the idea of another fluoridation plebiscite or having the U of C's school of public health assess the benefits and risks of fluoride-treated water, but some **council** members said the medical question concerned them less than the ethics of "mass-medicating" the populace.

The city plans to pass a new water bylaw May 9 to enact the change, and it would take a few more days for Alberta Environment to authorize it, Sancartier said.

Then, the city's treatment plants would no longer add fluoride compounds to the water supply. It would then take several weeks for all the system's water to return to natural fluoride concentrations of 0.2 or 0.3 parts per million, versus the current level of 0.7 ppm

: Please vote to remove fluoride from the water supply in Calgary.

<http://www.fluoridealert.org/>

Plus if you want to hear an interview with a very qualified person about it this one is funny and very informative

<http://www.infowars.com/fluoride-in-water-linked-to-lower-iq-in-children-2/>

or this one

<http://video.google.ca/videoplay?docid=7319752042352089988#>

Congratulations to the five Calgary aldermen for advocating about drinking water quality over junk science. Since its inception 64 years ago, the addition of silicofluoride wastes (hydrofluosilicic acid with lead, arsenic and radionuclides) to drinking water has been fraught with scientific error.

Fresh studies from China and India confirm what has long been known, that ingesting added fluoride compounds in drinking water causes long term health harm. It's never made sense to artificially add fluoride to drinking water with a hope that dental decay would be prevented. That's fluoridation's long held myth. One that medical and dental authorities need to abandon.

Like asbestos, smoking, leaded gasoline, DDT, thalidomide and so many other wondrous post WWII chemistry ideas, artificial water fluoridation is the most egregious concept to water treatment professionals...adding contaminants to high quality drinking water.

Today's water treatment operator is finally recognized by communities as the water quality experts they've worked hard to become. With stringent regulations and licensing, complex treatment facilities and superb skill sets, these individuals are pivotal professionals in local public health protection. Treatment plant operators are a trusted line of defence between waterborne disease and overall good health.

Calgary's water supply would be a future respite for individuals who suffer from ingested fluoride's chronic effects on the teeth & bones (fluorosis) intestinal tract, kidneys, thyroid and pineal glands. In addition, wastewater discharges to the Bow River will not carry as high a fluoride content, that adversely affects ranching, fisheries and downstream users.

Ceasing artificial drinking water fluoridation is a great water quality decision for Calgary as it was last year for other Canadian municipalities like Niagara Region, Dryden, Quebec City, Kingston and Drayton Valley. I encourage the City's Alderman and Council to make Calgary's drinking water "fluoride free".

For more information: Fluoridealert.org or waterloowatch.com

From: Environmental Training Institute
Over 25,000 trained...

I am writing in regards to the water fluoridation issue. I have been suffering from a fluoride allergy since 2001 which went undiagnosed until very recently (sept 2008). The result is an extremely undesirable skin condition that has greatly affected my quality of life. I spent years getting tested going from doctor to doctor trying to figure out what was causing it to happen.

I can no longer drink tap water, enjoy a long shower or even so much as wash my face if its not with fluoride-free water. Cooking requires me to use bottled water otherwise I have an allergic reaction. This also means very limited choices when eating out. I have to carry water with me wherever I go to ensure that if only tap water is available I will be taken care of. The above list are just a few of the inconveniences I have to deal with everyday. Not only are they a nuisance but very expensive.

There are many other alternative ways to supplement fluoride if needed without polluting our water supply. Everyone deserves the freedom to decide what is put in their body. Research has shown many negative health effects due to fluoride ingestion (reference available on request). These include; an inverse relationship between fluoride and calcium, fluoridosis (darkening of enamel, white spots, etc), poor mental function, insomnia, skin disorders etc.

I strongly encourage you all to vote against water fluoridation. Choosing otherwise must then result in 100% subsidy for those unable to consume fluoride. This would include refunding the cost of bottled water along with supplying a home water filtrations system. This would be extremely expensive and greatly add to the cost of water fluoridation already imposes on the city.

THIS CONTINUES TO FLUORIDE PRESENTATION

I am aware of the upcoming vote regarding the discontinuation of water fluoridation based on the recommendation by the Standing Committee on Utilities and the Environment, following public presentations last week. **I urge each of you to vote in favour of discontinuing fluoridation.** My reasons for holding this opinion are outlined in the written submission that I presented to the Committee (attached).

There are no further needs for an expert panel to render an opinion. Even "experts" are often biased due to indoctrination or political influence. The current science is clear. There are now serious doubts regarding supposed reduction of tooth decay in fluoridated communities. There are now clear indications of health risks associated with exposure to fluoride (in much lower concentrations than was previously believed).

Plebiscites on issues related to health are unwise. It is just wrong to let a small minority of our population determine that everyone be subjected to what is arguably "mass medication" with highly suspicious results. Other jurisdictions around the world have already done what we should now do. Let's get it out of our water, and direct the savings toward programs that can make a real difference.

Fluoride Presentation to the Standing Policy Committee on Utilities and the Environment

Dr. xxxxx obtained his DDS degree in 1977 at the University of Alberta. He has been in private practice in Calgary since that time. He is a member in good standing of the Alberta Dental Association and College and the Canadian Dental Association. In 1998 he was accredited by the International Academy of Oral Medicine and Toxicology¹, and from 2000 until 2006 he served on the board of this organization.

Dr. xxxxx would like it made clear that his opinion, which is expressed in this statement, is his alone based on the knowledge he has acquired in his review of the scientific literature. He is not representing the views of the Alberta Dental Association and College or those of the Canadian Dental Association.

He was taught to believe that fluoridation was good for everyone and that it came with no measurable negative side effects. The data he was exposed to in dental school was one sided, and in some cases seriously flawed. He didn't find this out for himself until he began to read the vast number of published scientific papers on this subject.

Science:

When we make health decisions that affect an entire population, such as water fluoridation we must base them on **sound science**, not on erroneous data from flawed scientific studies or on anecdotal evidence such as casual observations made by practicing dentists (which may very well be tainted by bias). Sound science must be current and it must be peer reviewed and published in reputable scientific journals.

¹The IAOMT is a network of dental, medical and research professionals who seek to raise the standards of scientific biocompatibility in the dental practice with information from the latest interdisciplinary research

Here are the facts that such sound science reveals:

1. Water fluoridation does not have the effect of reducing decay rates in recipient populations in the way we used to think it did.
2. Current data reveal a similar reduction in rate of tooth decay in both fluoridated and non-fluoridated populations throughout the developed world in the last few decades.
3. Many landmark studies used to "prove" reduction in tooth decay were flawed. When corrective factors were used in the re-analysis of original data from these studies, the results were significantly altered. That is, many of them actually reveal either no significant positive benefit in reducing tooth decay, or in some cases, the opposite effects on decay rates, that is, an increase in rates of decay.
4. Fluoridation does not work on teeth in the manner in which we used to believe it did. Its effect on teeth now appears to be only topical in nature; that is, through a reduction of bacteria associated with causing decay.
5. Numerous studies have suggested possible correlations of fluoride exposure to serious health problems such as osteo-sarcoma (a type of bone cancer), osteoporosis in the elderly, and reduced IQ in children.
6. Incidence of dental fluorosis is significant. 30% of children in fluoridated populations have dental fluorosis on 2 or more teeth. This unsightly discoloration of tooth enamel is not only an esthetic problem, it can leave tooth enamel more susceptible to wear, fracture, and to decay. Treating moderate to severe cases of dental fluorosis is vastly more expensive than other types of dental work. Dosages of fluoride sufficient to result in fluorosis of enamel will also have similar effects on the skeleton. This, of course, is not so easy to detect, but may be related to the higher incidence of osteo-sarcoma and osteoporosis reported to be linked to fluoride exposure in some studies.

Appropriate Action:

Whenever we encounter new data that indicates a questionable benefit from the practice of adding an active substance to our bodies, combined with data linking possible serious adverse health reactions to this substance, it is incumbent on us to reevaluate the continuation of such practices. As it relates to medical science, this is the ethical and moral thing to do, in light of such information.

The fact remains that significant quantities of fluoride are present in much of our food, drink, toothpastes, mouthwashes etc. whether we want it to be there or not. This makes it virtually impossible to monitor or control dosages. There are some segments of our population that are more vulnerable to the negative effects of exposure to fluoride such as infants, children, and the elderly.

Dr. xxxxx believes that it is our ethical responsibility to consider the question of **risk vs. benefit** in fluoridation of drinking water. In light of what we now know from sound and current science, there is no other conclusion to make except that continuing the practice of municipal water fluoridation makes no sense.

If there was ever a medication or an active substance that provided universal benefits to all members of a population and it came with absolutely no associated risks, we might be able to make a case for ethically administering it to everyone. But current scientific data show us that fluoridated drinking water is not such a substance. Questionable benefits and potential serious adverse reactions direct us to make the ethical decision to stop forcing it on the entire population of this city now.

Dr. xxxxx wishes to thank the Committee for allowing him to present this statement to you today, and he trusts that it will be of some help to the Committee in its deliberations over this serious question.

Prominent researcher apologizes for pushing fluoride

by Barry Forbes

**The Tribune, Mesa, AZ
Sunday, December 5, 1999
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"Why'd you do it, Doc? Why'd you toss the fluoride folks overboard?"

I had just tracked down Dr. Hardy Limeback, B.Sc., Ph.D., in Biochemistry, D.D.S., head of the Department of Preventive Dentistry for the University of Toronto, and president of the Canadian Association for Dental Research.

Dr. Limeback is Canada's leading fluoride authority and, until recently, the country's primary promoter of the controversial additive.

In a surprising newsmaker interview this past April, Dr. Limeback announced a dramatic change of heart. "Children under three should never use fluoridated toothpaste," he counseled. "Or drink fluoridated water. And baby formula must never be made up using Toronto tap water. Never."

Why, I wondered? What could have caused such a powerful paradigm shift?

"It's been building up for a couple of years," Limeback told me during a recent telephone interview. "But certainly the crowning blow was the realization that we have been dumping contaminated fluoride into water reservoirs for half a century. The vast majority of all fluoride additives come from Tampa Bay, Florida, smokestack scrubbers. The additives are a toxic byproduct of the super-phosphate fertilizer industry."

"Tragically," he continued, "that means we're not just dumping toxic fluoride into our drinking water. We're also exposing innocent, unsuspecting people to deadly elements of lead, arsenic and radium, all of them carcinogenic. Because of the cumulative properties of toxins, the detrimental effects on human health are catastrophic."

A recent study at the University of Toronto confirmed Dr. Limeback's worst fears. "Residents of cities that fluoridate have double the fluoride in their hip bones vis-a-vis the balance of the population. Worse, we discovered that fluoride is actually altering the basic architecture of human bones."

Skeletal fluorosis is a debilitating condition that occurs when fluoride accumulates in bones, making them extremely weak and brittle. The earliest

symptoms?

"Mottled and brittle teeth," Dr. Limeback told me. "In Canada we are now spending more money treating dental fluorosis than we do treating cavities. That includes my own practice."

One of the most obvious living experiments today, Dr. Limeback believes, is a proof-positive comparison between any two Canadian cities. "Here in Toronto we've been fluoridating for 36 years. Yet Vancouver - which has never fluoridated - has a cavity rate lower than Toronto's." And, he pointed out, cavity rates are low all across the industrialized world including Europe, which is 98% fluoride free. Low because of improved standards of living, less refined sugar, regular dental checkups, flossing and frequent brushing. Now less than 2 cavities per child Canada-wide, he said. "I don't get it, Doc. Last month, the Centers for Disease Control (CDC) ran a puff piece all across America saying the stuff was better than sliced bread.

What's the story?" "Unfortunately," he replied, "the CDC is basing its position on data that is 50 years old, and questionable at best. Absolutely no one has done research on fluorosilicates, which is the junk they're dumping into the drinking water."

"On the other hand," he added, "the evidence against systemic fluoride in-take continues to pour in."

"But Doc, the dentists."

"I have absolutely no training in toxicity," he stated firmly. "Your well-intentioned dentist is simply following 50 years of misinformation from public health and the dental association. Me, too. Unfortunately, we were wrong."

Last week, Dr. Hardy Limeback addressed his faculty and students at the University of Toronto, Department of Dentistry. In a poignant, memorable meeting, he apologized to those gathered before him.

"Speaking as the head of preventive dentistry, I told them that I had unintentionally mislead my colleagues and my students. For the past 15 years, I had refused to study the toxicology information that is readily available to anyone. Poisoning our children was the furthest thing from my mind."

"The truth," he confessed to me, "was a bitter pill to swallow. But swallow it I

did."

South of the border, the paradigm shift has yet to dawn. After half a century of delusion, the CDC, American Dental Association and Public Health stubbornly and skillfully continue to manipulate public opinion in favor of fluoridation.

Meantime, study after study is delivering the death knell of the deadly toxin. Sure, fuoridation will be around for a long time yet, but ultimately its supporters need to ready the life rafts. The poisonous waters of doubt and confusion are bound to get choppier.

"Are lawsuits inevitable?" I asked the good doctor. "Remember tobacco," was his short, succinct reply. Welcome, Dr. Hardy Limeback, to the far side of the fluoride equation. It's lonely over here, but in our society loneliness and truth frequently travel hand in hand. Thank you for the undeniable courage of your convictions.

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Fluoride is a corrosive poison

<http://www.apfn.org/apfn/poison.htm>

Common pesticides use fluoridation chemicals as their main ingredient

http://www.apfn.org/apfn/fluoride_chemicals.htm

Fluoride: The Hidden Poison in the National Organic Standards

<http://www.apfn.org/apfn/fluoride.htm>

Shocking News About Fluoride

<http://www.apfn.org/apfn/flouride.htm>

Fluoride - The Lunatic Drug

<http://www.apfn.org/apfn/water.htm>

STOP FLUORIDEATION

<http://rvi.net/~fluoride/index.htm>

Mass Fluoride Medication in Water Supplies Based on Fraudulent Science: You Decide

Posted: 12 Jan 2011 06:14 PM PST

Fluoridation of municipal water supplies at its outset in the 40s was based on fraudulent science, according to an article released tonight by Sylvia Onusic. As I have said on my fluoride and environmental deception column: Americans are unknowingly being ... Continue reading →

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Dear Calgary Aldermen, Wards 1 - 14:

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