



# Hamilton

## **MINUTES**

Hamilton Youth Advisory Committee  
Tuesday October 16, 2012

**Lister Block Building, 28 James Street North, Basement Meeting Room.**

**5:00 – 7:00 p.m.**

**Present:** Co-Chairs: To be determined  
Members: Lauren Hansen, Alex Ramirez, Mikayla Zolis, Alex Fiorello, Becky Schmor, Camilo Sanchez Galindo, Daniel Sanchez Galindo, Jackson Virgin-Holland, Nicole Lachapelle, Alexandra da Silva

**Absent with Regrets:** Councillor Jackson, David Boruch, Michael Pratas, Daniel Puglia, Ryan Markesic, Fan Yang, Michelle Leach, Don Mahleka, Ahmad Ahmad, Fiorella Villanueva-Heldmaier, Joselin Marcciccio, Lauren Hicks, Liam Askwith, Marten Kaas, Nashwa Khan, Sarah Medeiros, Alina Protopopescu

**Also Present:** René Reid, Mark Weingartner

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- A. APPOINTMENT OF CHAIR/VICE CHAIR OR COCHAIRS, COMMITTEE SECRETARY & TIMEKEEPER/MANAGER** – Deferred until November meeting
  - B.** Camilo Sanchez Galindo will take notes and prepare and distribute a draft of the meeting minutes to members for input.
  - C.** Makayla Zolis will prepare and distribute the agenda for the November 20th meeting.

### **1. CHANGES TO THE AGENDA**

The following items were walked onto the agenda at the start of the meeting:

- 5.5** Community Clean-up
- 5.6** Logo for Youth Week
- 5.7** Follow-up regarding notes taken during meeting with the CBC
- 5.8** Aerotropolis

### **2. DECLARATIONS OF INTEREST**

None

**3. APPROVAL OF MINUTES OF PREVIOUS MEETING**

**3.1** Member omitted from June minutes was added. Member omitted from September minutes added.

**3.2** Approval of meeting minutes from June 2012 and September 2012 were deferred as the committee did not achieve quorum.

*\*\*HYAC currently has 26 members. Quorum would be 13 members plus 1 additional member for a total of 14 members in attendance at the meeting in order to approve minutes and to vote on committee matters.*

(1)

**4. PRESENTATIONS**

None

**5. DISCUSSION ITEMS**

**5.1 Summary of issues of interest to HYAC:** Issues of interest to HYAC developed at the September meeting were reviewed. The suggestion was made by members to concentrate on issues directly linked to HYAC and to not focus on other community-led projects. A new list was developed highlighting the issues more relevant to HYAC based on majority opinion. Items discussed can be found in the appendix.

**5.2 Meeting with the CBC:** On October 4<sup>th</sup> HYAC members, Ahmad, Alex F., Martin, Camilo, Don, Jackson, Nashwa, and Fan met with Karin Chykaliuk, Producer of the CBC and Samantha Craggs, CBC Reporter to discuss their views on Youth Mental Health and the CBC Town Hall Event taking place October 24 at Mohawk College.

<http://www.cbc.ca/hamilton/news/story/2012/10/16/hamilton-town-hall.html>

Some committee members are planning to attend the Town Hall Event at Mohawk College from 7-9pm Oct. 24.

Committee members were reminded about the sensitive nature of the topic and how, in our desire to make a difference, our passions can get the better of us and we may disclose too much personal information about ourselves and/or others. Committee members were encouraged to be discrete and sensitive to the thoughts and feelings of others. It is not our role to tell other people's stories, but it is our role to respect what may be considered confidential and sensitive information by others.

**5.3 Unfiltered Facts Summit:** Initially, some HYAC members accepted an invitation to participate in the Unfiltered Facts Summit November 20<sup>th</sup>. HYAC's role was to lead a bus tour of 'City Highlights of Interest to Youth' and submit a proposal for an interactive booth in the Market Place at the Summit.

Committee members were unable to meet submission and communication deadlines and therefore opted out on this opportunity.

Members present at this meeting indicated they would like to attend the summit as a delegation. René will follow-up on finding out how to send a group of HYAC members.

**5.4 Youth Week Hamilton:** The committee discussed the priorities of Youth Week including advertising options and the selection of a slogan. The committee reviewed a list of possible themes/slogans and selected six to be the top contenders. The next step is to vote and select one of the six below:

- What's it to YOUth
- YOUth in Action
- Just add YOUth
- We speak
- Love the skin you're in
- Be YOUth

**5.5 Community Clean-up:** René shared an email from Ahmad regarding his idea for HYAC to lead a community clean-up initiative. As Ahmad was not there in person and as there was not quorum at this meeting, no decisions were made. In the future, committee members must be present at the meeting to walk-on and speak to any agenda items.

**5.6 Logo for Youth Week:** Alex Fiorello is to follow-up with his Anime Club connections regarding a Youth Week Hamilton logo idea.

**5.7 Follow-up regarding notes taken during meeting with the CBC Oct.4:** René emailed the notes she had taken, October 9, to committee members who attended the initial meeting with the CBC reps. (see appendix item 2). The aim was to circulate the document and gather everyone's input to be able to share a more 'complete picture' of the CBC meeting with other committee members at the HYAC meeting. Members who met with the CBC informed the committee that they had not added to or circulated the notes.

**5.8 Aerotropolis:** Alex Ramirez brought forward information about Aerotropolis and his desire to have HYAC do a presentation on the subject to Council. Members present discussed Aerotropolis briefly. Alex plans to do a presentation at the next meeting on the topic. Please refer to the appendix for additional information/articles on the subject.

## 6. GENERAL INFORMATION & OTHER BUSINESS

### 6.1

#### ADJOURNMENT

That, there being no further business, the meeting be adjourned at 7:00p.m.

**Next meeting October 16th.**

**(Fiorello/Virgin-Holland)**

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## Appendix

### 1. Summary of issues/initiatives of interest to HYAC listed in order or priority

### Youth Week Hamilton 2013

- Advertise Youth Week
  - Advertise HYAC
  - **Narrow purpose of Youth Week Hamilton**
- Habitat for Humanity
- Explore Your Community
  - Expansion of existing poverty initiatives
  - Mental Health initiatives
  - City-wide Youth Volunteer Day
  - A cleaner & more youth-friendly downtown
  - Student friendly/cheaper public transit
  - Connectedness with students from other schools
  - School presentations or advertisements (about HYAC?)
  - Break stigma of youth (un)employment
  - Youth friendly space/activities
  - Recreational poverty
  - Establish community partners
  - Focus on other youth engagements
  - Look to the community partners already established
  - Unfiltered Facts – interactive booth
  - Résumé workshop – youth focus
  - Youth focused/driven report (to Council)
  - Social Justice Fair - HWDSB
    - Urban Modern Playgrounds
    - Better/more frequent Go Transit to Hamilton
    - Air conditioning for schools
    - Funding for school breakfast programs
  - Kiwanis Haunted House

## 2. CBC draft meeting notes:

Thursday October 4<sup>th</sup>, 2012-10-09

Background:

Members of HYAC (Nashwa, Martin, Don, Jackson, Camilo, Alex F., Ahmad, Fan) and Unfiltered Facts (Zara) met with Karin Chykaliuk, Producer of the CBC and Samantha Craggs, Reporter CBC Hamilton, as a precursor to a City wide Town Hall event on the topic of youth mental health.

Town Hall Event: Wednesday October 24<sup>th</sup>, 2012, 7-9pm @ Mohawk College. This public event is part of a larger series of stories that will be webcast and streamed live. There will be a panel and dialogue with the audience. Interested in Personal stories with follow-up articles published. The CBC will make consent forms available to youth under 16 years in order to share stories. HYAC & UFF members have received consent forms approved by the City.

Youth at this meeting were asked: “Where are you coming from on this topic”

Responses:

- Impact on the community
- Learning opportunity
- I care and want to get involved
- Concern regarding the pervasive use of drugs to treat mental health issues
- How to nurture healthy minds
- Suicide and addictions
- Want to make a difference
- Peer to peer support
- Not taken as seriously as it should
- How information is disseminated - seeing but lacking true info on the subject
- The need for meaningful dialogue
- Lack of services
- Access to support and follow-up
- Bullying
- Bill 13 – implemented after the fact (see appendix item 3)

What is our response? What can be offered?

- Knowing the early warning signs
- Options – finding ways to overcome or navigate barriers to getting help
- Conduits/Dissemination of resources
- Should it (mental health) be part of the curriculum
- Education should be more holistic and more about what is actually going on
- Schools –groups, getting information from a trusted source
- We go ‘up stream’ a little bit asking questions, but do we need to re-examine our methodology, the complexity of the web

What role should mental health play in the curriculum?

- Rachel’s Challenge (see appendix item 4)
- Youth Development challenges
- Remembering that bullies can also be victims and to have supports available to them as well

What would make a good Town Hall? What would you focus on?

- Hearing about how teachers would deal with the issue
- Factors that contribute healthy or unhealthy mental health
- Stigma

## 5. Aerotropolis

What is it?

An **aerotropolis** is an urban plan in which the layout, infrastructure and economy is centered around an airport, existing as an airport city. It is a new urban design placing

airports in the center with cities growing around them, and attempting to connect workers, suppliers, executives, and goods to the global marketplace.

Criticisms of this urban design include impact on local natural and agricultural environments as well as the overall financial sustainability of this kind of development. Also of concern is the use of viable existing 'brown fields' or dormant manufacturing and industrial sites and various modes of transportation located near the city core.

Here are some links to a few articles on the Aerotropolis topic to assist you in your research as you form your own opinion.

**'Aerotropolis takes Flight'** by Daniel Nolan, thespec.com, Wed. Oct. 06, 2010.

<http://www.thespec.com/news/local/article/729286--aerotropolis-battle-lines-hardening>

**'Aerotropolis battle lines hardening'** by Joan Walters, thespec.com, Wed. May 23 2012.

<http://www.thespec.com/news/local/article/729286--aerotropolis-battle-lines-hardening>

**'What's the deal with Aerotropolis?'** by Marc Perri, Mayday Magazine, March 2011.

<http://www.maydaymagazine.ca/issues/item/142-whats-the-deal-with-the-aerotropolis>

**'Aerotropolis opposed by most affected'** by CATCH-Citizens at City Hall, Oct. 2012.

[http://www.hamiltoncatch.org/view\\_article.php?id=1121](http://www.hamiltoncatch.org/view_article.php?id=1121)