Key facts about organ and tissue donation

In March 2023 I received a second chance at life, a gift of life. I received a life saving liver and kidney transplant.

I am passionate about the importance of spreading awareness about the importance of organ and tissue donation.

One organ donor can save up 8 lives

Tissue donation can transform the lives of 75 people

Every 3 days someone dies waiting for a life saving saving transplant

95 percent of Ontarians support organ donation but only 35 percent are registered

Hamilton ranks 139 out of 170 communities for registered donors Of the 475,275 health card holders only 179,224 are registered which means only 38 percent of people are registered

Everyone has the potential to be a donor

Registration is easy. All you need is a health card and 2 minutes. You can register on line at beadonr.ca or in person at Service Ontario

You must share your wishes with your family so they can support and honour your wishes

Transplants work, they save lives!

I would like to opportunity to educate all City of Hamilton staff members as well as the members of the community on the importance of organ and tissue donation.

Kathleen Zavarise Ambassador (Trillium Gift of Life)